

C3 EMAIL COPY

Copy, personalise and share to rally your supporters

Dear friends,

I'm stepping up for C3 2026.

Our team is taking on a [7km or 10km] military-inspired challenge at Kokoda Barracks in Canungra. It will test us physically and mentally with obstacles, teamwork drills and soldier-style exercises.

👉 Support our C3 challenge here:
[Insert fundraising link]

But this challenge is about more than mud and muscle.

We are raising \$2,000 to support the families of Australia's veterans through Legacy Brisbane.

Legacy supports widows, children and families of veterans who have lost a loved one or whose lives have been changed by service. From financial assistance and advocacy to youth programs and social connection, Legacy ensures no veteran family faces life's challenges alone.

If you are able to, I would truly appreciate your support.

Every donation, big or small, makes a real difference.

Thank you for backing our team and standing with veteran families.

C3 SOCIALS COPY

Copy, personalise and share to rally your supporters

I'm taking on C3 2026 at Kokoda Barracks to support veteran families through Legacy Brisbane.

Donate here:
[Insert link]

Mud. Obstacles. Military-style challenges. A true test of teamwork and resilience.

Legacy Brisbane supports the families of Australia's veterans, providing practical assistance, connection and care so no family faces life's challenges alone.

Our goal is \$2,000 and every contribution, big or small, makes a real difference. Thank you for backing our team.

#C3Challenge #LegacyBrisbane

